

FYE 101: First Year Experience

Minnesota State University Moorhead

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Office Hours: By Appointment

Course Description & Overview

An introduction to the demands and challenges of higher education. The course is designed to help students develop the critical thinking skills needed for both personal and academic success. Through discovery and self-assessment, students will apply the methods of time management, goal setting, career planning, mental wellness, university navigation, and equity and inclusion to achieve their college goals.

Credits: 1

Prerequisites: None

This course is 1 credit, with approximately 750 minutes of class time.

Course Objectives

LO #1: Students will develop a sense of belonging at MSUM

LO #2: Students will develop strategies for academic success and wellness

LO #3: Students will create an inclusive and socially just community

Instructional Strategies

4 Components of Culturally Inclusive Teaching (Ready for Rigor)

The Ready for Rigor framework operationalizes culturally responsive pedagogical principles into culturally responsive teaching practices. This simple framework organizes key areas of teacher capacity building that set the stage for helping students move from being dependent learners to self-directed, independent learners

Conceptual Framework

5 Components of Student Belonging

Students' sense of belonging on campus is one of the top factors in their retention and persistence. But belonging is hard to define and even harder to measure. Through a review of academic literature and conversations with university leaders, EAB has broken down student belonging into five specific, defined components—each with specific best practices that leaders can put in place. Students who have all five components are much more likely to feel they belong and to stay engaged with the university even after they graduate.

Career Readiness Skills

National research has shown that college students who receive helpful career advice from faculty are more likely to be satisfied in their careers and feel that their time in college was worth the cost (NACM, 2022). Having career conversations early and often helps students understand the link between their time on campus and their future career. The National Association of Colleges & Employers (NACE), along

with extensive feedback from employers, has developed the following career readiness skills essential for success in the workplace.

Academic Honesty

The University expects all students to represent themselves in an honest fashion. In academic work, students are expected to present original ideas and give credit for the ideas of others. The value of a college degree depends on the integrity of the work completed by the student.

Work in this course must be completed in a manner consistent with the Minnesota State University ***Student Academic Honesty Policy***. For a complete listing of student policies, the ***MSUM Student Handbook*** is available online.

Accessibility & Accommodations

Minnesota State University Moorhead is committed to providing equitable access to learning opportunities for all students and strives to make courses inclusive and accessible in accordance with sections 504 and 508 of the 1973 Rehabilitation Act and the Americans with Disabilities Act. The University will make reasonable accommodations for students with documented disabilities. Accessibility Resources (AR) is the campus office that collaborates with students in need of accommodations and assists in arranging reasonable accommodations.

If you have or think you may have a disability, please contact AR at (218) 477-4318 (V), (800) 627-3529 (MRS/TTY), or stop by to schedule an appointment with the Director of AR in 154C Flora Frick Hall. Please also contact AR if you are currently registered for services and have concerns. Additional information is available on the AR website (mnstate.edu/accessibility). The ADA Coordinator for students and ADA compliance issues is Kara Gravley-Stack, Dean of Students; (218) 477-2391, Kara.GravleyStack@mnstate.edu, or 153 Flora Frick Hall.

Attendance Policy & Class Participation

Attendance and participation are a key component of this course. The main purpose of this class is to get you connected to campus and each other. You will receive 10 points for attendance and 10 points for participation in each class. Participation will be evaluated based on your engagement in the class, substantial contributions to class discussions, evidence of having completed the readings, and positive attitude.

Sexual Violence Prevention Statement

Acts of sexual violence are intolerable. MSUM expects all members of the campus community to act in a manner that does not infringe on the rights of others. We are committed to eliminating all acts of sexual violence.

MSUM faculty and staff are concerned about the well-being and development of our students. We are obligated to share information with the MSUM Title IX Coordinator in certain situations to help ensure that the students' safety and welfare is being addressed, consistent with the requirements of the law. These disclosures include but are not limited to reports of sexual assault, relationship violence, and stalking.

If you have experienced or know someone who has experienced sexual violence, services and resources are available. You may also choose to file a report. For further information, contact Kara Gravley-Stack, Dean of Students/Title IX Coordinator, kara.gravleystack@mnstate.edu, 218.477.2391 or Troy Schmidt,

Assistant Dean of Students/Deputy Title IX Coordinator; troy.schmidt@mnstate.edu, 218.477.2174; both located in Flora Frick 153. Additional information is available at: www.mnstate.edu/titleix

Anti-bias Statement

Minnesota State University Moorhead has an enduring commitment to enhancing Minnesota's quality of life by developing and fostering understanding and appreciation of a free and diverse society and providing equal opportunity for all its students and employees. Incidents of hate and bias are inconsistent with the mission and values of MSUM.

MSUM acknowledges that it occupies the ancestral land of the Anishinaabe (Ojibwe), Dakota (Sisseton, Wahpeton) and Yanktonai Dakota First Nations. We will strive to build toward better relationship between our university and the indigenous people still present with us.

A bias incident is an act of bigotry, harassment, or intimidation that is motivated in whole or in part by bias based on an individual's or group's actual or perceived race, color, creed, religion, national origin, sex, gender, age, marital status, disability, public assistance status, veteran status, sexual orientation, or familial status.

If you are a student who has experienced or witnessed a hate or bias incident, we want to address the incident and provide you with resources. Contact the Campus Diversity Officer, Jered Pigeon at jered.pigeon@mnstate.edu, 218.477.2047, 114 CMU or the Dean of Students, Kara Gravley-Stack at kara.gravleystack@mnstate.edu, 218.477.4222, 153 Flora Frick Hall. Additional information is available at: <https://www.mnstate.edu/oscar/>

Student Grievance/Complaint Process

This general procedure is applicable only to those administrative actions for which no special grievance procedure has been established. Special procedures have been established for certain academic (e.g., graduation, grades), student conduct, discrimination/harassment, and employment related matters. Students desiring to appeal actions or procedures of University administrative offices must meet with the following officials, continuing up the hierarchy as necessary to resolve the issues.

Academic Affairs

1. Department Chair of the academic discipline in which the problem arose
2. Dean of that college discipline
3. Provost and Senior Vice President for Academic Affairs
4. President

Administrative Affairs

1. Director of specific area
2. Vice President for Administrative Affairs
3. President

Student Affairs

1. Director of specific area
2. Vice President for Student Affairs
3. President

This process can also be found in the Policies and Procedures section of the [Student Handbook](#) (p. 12) (mnstate.edu/student-handbook/).

Building Emergency Plans

Building emergency floor plans showing exit routes, severe weather safe areas, shelter in place locations and areas of refuge are conspicuously located in classrooms, labs, conference rooms, departmental main offices, and residence halls. The Emergency Preparedness Guides (flip style booklets) are located in the same areas and available on the [MSUM Public Safety Website](https://www.mnstate.edu/public-safety/). Please review the emergency plans and guide so you know how to respond in an emergency to help protect yourself and others. If you have questions, please contact Ryan Nelson, Director of Public Safety, at ryan.nelson@mnstate.edu or 218-477-5869. <https://www.mnstate.edu/public-safety/>

Course Requirements and Grading

Unit	Lesson Number & Title	Assessment	Points Allocated
Unit 1: Supporting Student Transitions	1.1a: Tools for School - D2L Brightspace	Discussion post	20
	1.1b: Setting the Stage	Class Participation	25
	1.2: Start Strong	Class Participation	50
	1.3: MSUM Student Experiences	Social Belonging Pre-Test and Social Belonging Intervention	50
	1.4a: Get Involved & Connected	Class Participation	25
	1.4b: Attend DragonFest on September 11th	Attend Dragon Fest	25
	1.5a: Complete the Focus2: Am I Career Ready	FOCUS2 Assessment Report	25
	1.5b: Complete the Career & Self-Development Section of the ROAR Workbook	ROAR score for the Career & Self-Development section based on the ROAR Rubric	40
	1.5c: Individual Meetings with Instructor	Meet with Instructor	50
Unit 2: Developing Personal habits and behaviors for Success	2.1a: Personal Agency	Class Participation	25
	2.1b: Attend Sex Rules on September 25h OR Take Back the Night on September 26th.	Attend Sex Rules or Take Back the Night	25
	2.2: Resiliency	Class Participation	25
	2.2b: Complete the Resiliency Plan Worksheet	Complete Part III of The Resilience Plan Worksheet	40
	2.3: Advising Meeting Preparation	Class Participation	50
	2.4: Four-Year Action Plan	Class Participation	50
	2.5a: Attend Major & Career Exploration Fair on September 24th	Attend the Major & Career Exploration Fair	25
	2.5b: Complete the Communication Section of the ROAR Workbook after attending the Major & Career Exploration Fair	ROAR score for the Communication section based on the ROAR Rubric	40
	2.6: Library	Class Participation	50
2.7: Individual/Group Connections with Your Mentor	Connect with Your Mentor	30	

Unit 3: Future plans and Goals	3.1: Registration Preparation	Class Participation	50
	3.2: Finish Strong (Registration Clean-up and Preparing for second semester)	Class Participation	50
	3.3: Visual Narratives Presentations	Class Participation	100
		Total Points	870

Grades will be calculated in the following manner:

90% = A, 80% = B, 70% = C, 60% = D, Below 60% = F