

學科代號 Subject Code	291031		
科目名稱 Course Title	大學體育(1) Physical Education (I)	課程簡碼 Course No.	EIB-103-01-A1
開課系級 Dept	國際企業英語學士學位學程一年甲班 A-EIB-1A	學分數 Credit(s)	2
選別 Required or Elective	2-校必	時數 Hour(s)	2
授課教師 Instructor	皋崇道		
授課教師學術專長 the Instructor's Areas of Specialization	體育哲學、文化研究、運動社會學、水上活動、球類		
缺曠課規定 Attendance Policy	缺曠課時數(含事/病假)達授課總時數三分之一(12小時)以上者，學期成績以零分計。 Student will receive a semester grade of zero for a course if absences from class exceed one third (12hrs) of total class hours.		
中文課程概要 Chinese Course Description	一、認識籃球運動之起源、歷史發展現況及籃球運動傷害之防治 二、瞭解籃球規則及裁判手勢 三、培養學生各項籃球基本動作之能力 四、培養對籃球運動之興趣及欣賞能力		
英文課程概要 English Course Description	Course description: An anti-exercise of self challenge. It is a team activity of shooting the ball into a basket that hanged at 3.05 meters height, the team with more scores wins the game. Since it is a dual-line competition between space and ground, it shows the antagonism, contesting, collectivism, and is also full of health, entertainment, interests and value of watching. Basketball has become one of the most popular sports in the world.		
基本核心能力 / 系核心能力 Core Competency	『註:該課程之核心能力以紅色表示。』		
教學目標 Course Objectives	1. Learn badminton rules and skills. 2. Understand the basic movements and competition rules of badminton. 3. Complete the basic badminton movements and operations. 4. Actively participate in competition activities and complete role tasks. 5. Share your feelings about participating in activities		
授課方式 Approach to Instruction	1. Actual operation. 2. Video and schedule viewing and explanation. 3. Practice in small groups in turns. 4. Group practical competition. 5. Group experience sharing		
課程授課語言 Course language	英語		
是否自編教材 Whether self-edited textbooks	否		
成績評定 Grading	平時評量 50% : Attendance/Participation/Sports Performance 期中評量 20% : Physical fitness test 期末評量 20% : Competition performance/basic movements/ Basic moves and fighting 其他評量 10% : Public Service/Warm-up Exercises		
參考書目 Textbooks and References	I-Min Liu(1995):Research on sports philosophy-games, sports and life (Shtabook.com) .YI-XIONG XU(2021):Physical Education Curricuium and Effective Teaching (Shtabook.com) .		
聯絡方式 Contact Info	0909972412		
備註 Remark			

週次 Week	進度內容 Syllabus
第1週 (09/07~09/13)	Teacher's self-introduction/Course (rules) introduction/Ability grouping.
第2週 (09/14~09/20)	Basic physical fitness exercises/six-point footwork.
第3週 (09/21~09/27)	Basic physical fitness exercises/six-point footwork.
第4週 (09/28~10/04)	Physical fitness test.
第5週 (10/05~10/11)	Basic badminton movements (footwork/long ball/serve/slice/smash...).
第6週 (10/12~10/18)	Basic movement practice and group actual combat (half time each).
第7週 (10/19~10/25)	Basic movement practice and group actual combat (half time each).
第8週 (10/26~11/01)	Basic movement practice and group actual combat (half time each).
第9週 (11/02~11/08)	Physical fitness test.
第10週 (11/09~11/15)	Group actual combat (21 points system, and adjusted according to the situation).
第11週 (11/16~11/22)	Group actual combat (21 points system, and adjusted according to the situation).
第12週 (11/23~11/29)	Badminton refereeing rules course overview and implementation.
第13週 (11/30~12/06)	Badminton refereeing rules course overview and implementation.
第14週 (12/07~12/13)	Singles and doubles actual combat practice and referee execution.
第15週 (12/14~12/20)	Singles and doubles actual combat practice and referee execution.
第16週 (12/21~12/27)	Happy vacation!
第17週 (12/28~01/03)	Happy vacation again!

成績評定 Grading	期中評量 20% : Physical fitness test 期末評量 20% : Competition performance/basic movements/ Basic moves and fighting 其他評量 10% : Public Service/Warm-up Exercises
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第18週 (01/04~01/10)	TRONCLASS.

課程與專門議題之關聯性Relationship between Courses and Specific Issues
課程學習融入下列議題的程度The degree to which specific issues are integrated into courses

議題 Issue	關聯性 Relevance	議題 Issue	關聯性 Relevance
性別平等教育 Gender Equality	無關聯性(No Relevance)	環境與能源教育 Environment, Energy and Resources	無關聯性(No Relevance)
品德教育 Character Education	直接相關(Direct Relevance)	職業安全衛生教育 Occupational Security and Hygiene	無關聯性(No Relevance)
生命教育 Life Education	直接相關(Direct Relevance)	保護智慧財產權 Copyright Protection	無關聯性(No Relevance)
法治教育 Law-Related Education	間接相關(Indirect Relevance)	個人資料保護 Personal Information Protection	無關聯性(No Relevance)
公民教育 Civic Education	無關聯性(No Relevance)	資訊安全 Information Technology Security	無關聯性(No Relevance)
人權教育 Human Rights	無關聯性(No Relevance)	生涯規劃 Career Planning	間接相關(Indirect Relevance)
服務學習 Service Learning	無關聯性(No Relevance)	多元文化學習 Multi-Cultural Learning	直接相關(Direct Relevance)
生活防災教育 Disaster Prevention Education	無關聯性(No Relevance)	食品安全教育 Food Safety Education	無關聯性(No Relevance)
長期照護 Long-Term Care	無關聯性(No Relevance)	媒體素養 Media Literacy	無關聯性(No Relevance)
家庭與婚姻 Family and Marriage	無關聯性(No Relevance)	勞動權益教育 Labor Rights	無關聯性(No Relevance)

聯合國永續發展目標(SDGS)

